



## SA BASSA ROTJA

ECOTURISME

### Spa Treatments

**Sa Bassa Rotja holistic massage** / Deep relaxing massage, focused on relaxing the muscle tension points and to harmonize body and mind.

*Full body 30 min. 55€*

*Full body 60 min. 75€*

**Sport massage** / Massage that uses deep tissue technics and relaxation to recover, revitalize and relieve the body after physic or sports activities.

*Full body 30 min. 45€*

*Full body 60 min. 85€*

**Therapeutic massage** / Deep tissue massage, working on specific muscle block points to get a deep body relaxation, harmonizing the mind and the emotions.

*Full body: 60 min. 85€*

*Full body 90 min. 120€*

**Sa Bassa Rotja pregnant and postpartum** / Relaxing and therapeutic massage that relives the tension and helps to relax the typical pregnancy discomforts. Creating a big sensation of wellness and harmony.

*Full body 60 min 90€*

**Massage + reiki** / Reiki is a natural, simple and deep therapy, through which Ki energy is transmitted with the hands to heal the emotional, mental and physical systems, which combined with specific massage techniques provides an unique therapeutic experience relieving muscle pain, fighting the stress and enhancing the physical and mental energy.

*Full body 60 min 75€*

**Custom massage** / Create your custom massage:

Your session starts with a quick conversation with the therapist to understand what you are looking to achieve in your massage session, with this information your therapist can then pull various massage.

*30 min. 55€*

*60 min. 75€*